



Touch and Listen

The Newsletter of the Florida Braille and Talking Book Library

Winter 2019-2020

News You Can Use

Need Help Reading Prescription Medicine Labels?

Many pharmacies offer medicine labels in audible, large print, and/or Braille formats. ScripTalk is an audible prescription service whereby a pharmacy attaches a special prescription label to the medication, which can be read by a handheld reader with the push of a button. En-Vision America provides consumers with a free handheld ScripTalk reader to read these labels. You can review the [list of participating ScripTalk pharmacies](#) to see if one is available near you or call En-Vision at 1-800-890-1180 for more information.

Overdue Magazine Cartridges



Magazines: a light blue cartridge inside a red mailing container

If you are currently subscribed to magazines through the National Library Service for the Blind and Print Disabled (NLS) and haven't received a new edition lately, your cartridges may be overdue. In order to ensure that your subscription service isn't interrupted, magazines must be read and returned soon after they are received. All magazines are sent from Potomac Talking Books, the contractor for NLS in Maryland, and must be returned to that location. Don't worry if you misplaced the mailing card; a return address label is affixed to the container. Magazine cartridges are light blue and come in red containers as pictured to the left. If you have questions or concerns, please call us at 1-800-226-6075.

New Year, New Learning Opportunities: Textbooks

If you are a student with special learning needs, there are alternate versions of textbooks available. For more information on what is available for students with reading disabilities or who are visually impaired, [email the NLS Reference Section](#) or contact one of the following organizations:

Bookshare

480 South California Avenue
Palo Alto, CA 94306

tel: (650) 352-0198
fax: (650) 475-1066

booksharelibraryinfo@bookshare.org

Bookshare provides digital books free to all U.S. students with qualifying disabilities. Books are available for download in audio and braille formats.

Learning Ally

20 Roszel Road
Princeton, NJ 08540

tel: (609) 452-0606
toll-free: 800-221-4792
fax: (609) 987-8116 (fax)

email: custserv@learningally.org

Learning Ally is a private, nonprofit organization that lends recorded textbooks and other educational materials to people who cannot read regular print because of visual, perceptual, or other physical disabilities. A registration fee and an annual membership fee are required.

Passionate about music? NLS Offers Musical Materials!

In 1962, Congress authorized the NLS to curate a music collection. Today, the collection includes a variety of materials, including braille and large-print musical scores, recorded instructional materials, and recorded materials about music and musicians. There are digital audio and e-braille materials available for download on [NLS' website](#) and via the [Braille and Audio Reading Download \(BARD\) service](#). All printed and braille materials are circulated postage free.

If you're eligible to receive NLS materials, you're eligible to receive items from the music collection as well. However, music materials are circulated directly to patrons from the NLS headquarters in Washington, D.C., rather than through the network of cooperating libraries. You must request services through the NLS Music Section and may do so via [email](#), phone at 1-800-424-8567 ext. 2, fax at (202) 707-0712, or postal mail at: Music Section, The National Library Service for the Blind and Print Disabled, Library of Congress, Washington, DC 20542.

Music Section catalogs with available material listed may be requested along with other Music Section publications. If interested, please complete the [music publication order form](#).

2020 Braille and Large Print Calendars Available

If you prefer using a physical calendar rather than an electronic one, there are braille and large-print options available! Many organizations are selling braille and/or large-print calendars for 2020. NLS has a [complete list of braille and large print calendars available](#) from a variety of organizations and companies. The following organizations are distributing a calendar product free of charge:

American Action Fund for Blind Children and Adults

1800 Johnson St.

tel: (410) 659-9315

Baltimore, MD 21230

fax: (410) 685-2340

email: actionfund@actionfund.org

American Action Fund is offering a 6" x 6.5" braille calendar, which features one page per month, a personal day page, and a listing of major holidays. Free.

The Jewish Heritage for the Blind

1655 East 24th St.

tel: (718) 338-4999

Brooklyn, NY 11229

toll-free: (800) 995-1888

email: services@jewishheritage.org

Jewish Heritage for the Blind has an 8.5" x 11" large print weekly wall calendar in English and Hebrew. The calendar reflects the traditional Jewish year, beginning at Rosh Hashanah, which includes weekly candle-lighting times for selected cities. Free.

Lutheran Braille Workers

PO Box 5000

toll-free: (800) 925-6092

Yucaipa, CA 92399

email: lbw@lbwinc.org

The Lutheran Braille Workers are offering an 8.5" x 11" Braille scripture calendar, which features a Bible verse and tactile graphic for each month. The calendar is also available in an 8.5" x 14" large-print (18-point) edition. Free.

[Michigan Braille Transcribing Fund](#)

3500 N. Elm Rd.

tel: (517) 780-5096

Jackson, MI 49201

fax: (517) 780-5448

email: cindymbtf@gmail.com

The Michigan Braille Transcribing Fund has a print and braille 4.5" x 6" spiral-bound calendar, which includes a separate listing of major holidays. Free.

[National Federation of the Blind Independence Market](#)

200 E. Wells St.

tel: (410) 659-9314, ext. 2216

Baltimore, MD 21230

fax: (410) 685-2340

email: IndependenceMarket@nfb.org

The NFB Independence Market has several calendar products available. The NFB's 6.5" x 6.5" braille spiral-bound calendar with one page per month and a listing of major holidays is available free of charge. (Catalog number BBC20B). Additional products are available for sale.

Please note: the Braille and Talking Book Library is not endorsing any specific product or organization by listing them. Prices are subject to change.

News from the Librarian

Winter and cooler temperatures are upon us! If you're looking for a simple meal to keep things warm and cozy, try this easy pumpkin soup recipe. No pre-cooking or chopping required—just throw all the ingredients in the pan and heat it up!

Easy Pumpkin Soup

Ingredients:

- 1 10.5 oz-can condensed cream of potato soup
- 1¼ cups water
- 1 15 oz-can pumpkin puree
- 2 Tablespoons butter
- 1 cup cream
- 1 teaspoon salt, or to taste
- ¼ teaspoon black pepper
- ½ teaspoon garlic powder
- ½ teaspoon ground ginger
- 1 pinch paprika (optional), for garnish
- 1 cup seasoned croutons (optional), for garnish

Directions:

1. In a saucepan over medium heat, combine the cream of potato soup, water, pumpkin, butter, and cream. Season with salt, pepper, garlic powder, and ginger. Stir until blended, and bring to a simmer. Reduce heat to low and simmer for 15 minutes, stirring occasionally.
2. Remove from heat, and pour into serving bowls. Sprinkle the top with paprika and top with seasoned croutons. Recipe makes 6 servings.

Nutritional Information: Per Serving: 265 calories; 20.8g total fat; 17.6g carbohydrates; 3.2g protein; 67mg cholesterol; 1007mg sodium.

Further Reading – Cookbooks!

***Impatient Foodie* by Elettra Wiedemann. DB 88740/BR 22187.** Blogger presents a cookbook aimed at providing cuisine-level food made in a short period of time, encouraging sourcing ingredients from local providers, and presenting a slow-food-style alternative for people who live hectic lives. Recipes cover a large variety of vegetables, meats, fruits, and some desserts. 2017.

***The Best of Cooking with 3 Ingredients* by Ruthie Wornall. DB 67815.** Recipes range from appetizers and beverages to soups, salads, vegetables, main dishes, breads, and desserts--each based on three economical ingredients and short preparation time, although cooking and baking times vary. Includes holiday and special-occasion menus. 2002.

***Not Your Mother's Slow Cooker Cookbook* by Beth Hensperger. DB 87396.** Collection of recipes featuring the use of a slow cooker. Includes a discussion of cooking using moist or dry heat, information on the components of a slow cooker, and advice on using one. Recipes include an introductory paragraph and notes on serving size, type of cooker, setting, and cook time. 2016.

***The Taste of Home Cookbook: From the World's #1 Cooking Magazine.* DBC01614.** This new edition of a best-selling cookbook contains all the features from the original edition plus an added new feature--Lifestyle Recipes. This cookbook contains tips, techniques, and recipes to help make your cooking experience easy and successful. The 1,300+ recipes and variations are all made from easy-to-find, everyday ingredients, all shared by readers of Taste of Home magazine and the Taste of Home Test Kitchen. Contains over 250 Lifestyle Recipes

with spoken icons that indicate four different ways of preparing a desired recipe. These include “Classic Recipes” that use traditional preparation techniques; “Time-Saver Recipes” for cooks who want to serve their families quick and with minimum effort; “Light Recipes” show you how to trim calories, fat, and sodium; and “Serves 2 Recipes” are scaled-down versions for small households. Contains four levels of navigation. Each chapter, appendix, major section heading, and recipe are marked. Nutrition facts are marked for each recipe. Tips and sidebars are also marked.

-Article courtesy of Marka Simms, Circulation Librarian, Oklahoma Talking Book Library

On the Library Bookshelf

Fresh from the Recording Studio: New Books

Books with the DBC designation are available in BARD for immediate download. Books beginning with the FDB designation must be ordered through your reading advisor. If you aren't able to access BARD, please call your reading advisor.

***Lottie Loser* by Dana L. Brown. DBC12790. (Book #1 AMI Series).** Everything seems to be perfect in Charlotte “Lottie” Luce’s life: a successful career and a handsome lawyer boyfriend – but when her ex-best friend and first love comes back to Anna Maria Island, Charlotte is forced to look back and see if her decisions really were for the best. Narrator: Margaret Tedrick. Reading Time: 8 hrs. 5 min.

***Call Me Charlotte* by Dana L. Brown. DBC12783. (Book #2 AMI Series).** Charlotte Luce finds herself running away from the only man she’s ever loved; Special Agent Nick Greyson. To complicate matters, Nick’s brother Noah admits he’s in love with Charlotte too. This is a story of finding empowerment in forgiveness. Narrator: Nancy Shea. Reading time 5 hrs. 55 min.

***The Firefly Code* by Megan Frazer Blakemore. DBC12772.** Mori and her friends start to question their world when a new arrival named Ilana moves into Old Harmonie, a community where everyone is genetically enhanced. A Sunshine State Young Readers Award Winner. Narrator: Kathie Ragan. Reading time 8 hrs. 50 min.

***The Perfect Assassin* by Ward Larson. DBC12768. (Book 1-David Slaton Series).**

Sailing solo across the Atlantic, Christine Palmer comes upon David Slaton, an Israeli assassin who hijacks her boat and steers it toward England. The two must work together to hunt down someone who would drive the world to disaster. Narrator: Dave Archard. Reading time 14 hrs.

***Assassin's Game* by Ward Larson. DBC12769. (Book 2-David Slaton Series).**

After his wife is attacked, David Slaton becomes embroiled in a labyrinthine plot involving an Iranian scientist who has created a nuclear missile. Narrator: Tom Hart. Reading time 14 hrs. 50 min.

***Assassin's Silence* by Ward Larsen. DBC12766. (Book 3-David Slaton Series)**

A killer leaves a trail of bodies across Europe and a large airplane disappears without a trace. The CIA believes the two are connected and David Slaton must race against time to prevent an unimaginable terror. Narrator: Tom Hart. Reading Time: 16 hours. Contains some violence.

***Assassin's Code* by Ward Larsen. DBC12767. (Book 4-David Slaton Series).**

After receiving a cryptic message, former assassin David Slaton discovers that the new leader of France's elite counterterrorism force is a terrorist that he is certain he killed fifteen years prior. Narrator: Tom Hart. Reading time 13 hrs. 40 min.

The Bureau of Braille and Talking Books Library Services is part of the
Division of Blind Services, Florida Department of Education.
Visit our websites at www.dbs.fldoe.org or www.fldoe.org



Contact us at 1-800-226-6075 or
via email at

OPAC_librarian@dbs.fldoe.org